



# What To Watch For

 Below are some of the signs a child may be being sexually abused. There may be others, and some children may show none at all

 Where one/some of these signs are noticed, it does not mean the child is being sexually abused, but it is important to explore this further

Headaches                      Nightmares                      Easily startled

Clingy                      Self harm                      Toileting pain                      School refusal

Quiet                      Hiding                      Running away                      Appetite changes

Depressed or  
anxious                      Bruises                      Inappropriate sexual  
knowledge

Secrecy with intimate items                      New fears

Stomach aches                      Bed wetting                      Sexualised behaviour

Difficulty finding words                      Mood changes                      Toileting regression

Concerning artistic  
expression                      Genital trauma

Aversion to touch